

Question time

CHRISTINE APPLEBY



Christine and Edward Appleby with a sample of their cheese.

- ❖ **Occupation:** Farmer and cheesemaker.
- ❖ **Proudest moment:** Meeting Prince Charles when he visited our cheese dairy.
- ❖ **Biggest influence:** My mother, who is 101. Also, our first cheese customers, who encouraged us to continue.
- ❖ **Last supper:** Cheese (Appleby's of course!) on toast.
- ❖ **What's in the fridge?:** Appleby's Cheshire; Appleby's milk; cut-and-carve Shrewsbury Market Hall bacon; Battlefield 1403 sausage; Heaths of Bolas eggs; TO Williams of Wem, Pimhill bread; local beef/pork and butter; Shropshire Lad bitter and perry cider.
- ❖ **Favourite thing about local food and drink:** The people and passion behind the product; the taste of the product; reduction in food miles; supporting the local economy and understanding the product that I am eating.
- ❖ **How would you improve the county's gastronomic reputation?:** By introducing all of Shropshire's wonderful produce to a wider public

within the county, country and world. We need better marketing and better education within schools and colleges so that Shropshire people can be proud of their food heritage.

A young mother of two from Oswestry has launched her own catering business with the help of The Prince's Trust. Kate Pack, 31, of Oswestry, has launched a mobile organic catering business. Kate says: "Being a vegetarian, who eats healthily, I realised that there were not enough mobile catering companies offering healthy food at events."